

Dr. Monisha J

Designation: GDMO

Degree: MBBS

Area of Expertise: Occupational Health

A. Academic Activities:

Structuring teaching, practical sessions, and providing academic mentorship across postgraduate and

training programmes including AFIH, MD (Community Medicine), DHPE, SHI, M.Sc. Applied

Nutrition, and allied courses, while strengthening the curriculum through integration of emerging

domains such as occupational health, climate change and digital health applications, along with

mentoring postgraduate students to foster self-directed learning, critical thinking, and independent

academic inquiry leading to high-quality, outcome-oriented work.

B. Departmental Administration and Development

Leading departmental activities related to academic planning, training coordination, and regulatory

compliance while strengthening the Department through laboratory modernization, structured training

expansion, and interdisciplinary collaboration; actively contributed to institutional committees

including curriculum development, academic review, AFIH coordination, Technical Evaluation

Committee (General & IT) undertook administrative and technical assignments entrusted by

institutional leadership, organized outreach and institutional campaigns such as Swachhata Pakhwada

etc. and contributed to enhancing institutional reputation through academic excellence, policy

engagement, collaborative initiatives, and representation at national and international forums.

C. Clinical and Field Services

Conducting Occupational Health and Wellness Clinics in collaboration with stakeholders integrating

preventive, promotive, and early diagnostic services, while leading field-based assessments,

surveillance activities, and community engagement initiatives addressing occupational and

environmental health risks.

Significant contribution (2025-26):

1. Served as a trainer in Rashtriya Karmayogi Large Scale Jan Seva Programme in 2025 and

successfully completed training of all the staffs in different batches from AIIPH, Kolkata.

2. Served as a resource person for First Aid Training Programme organized by the Dept. of

MCH and took lectures and practical demonstration regarding first aid management and ALS

training.